



Events

Centering Meditation: Journey to the Heart

**Tuesday, March 11
7:30 to 9:00 pm**

Enjoy an hour of sinking into
and being in the presence of
your heart!

This guided meditation will lead you from the outer
to the inner, centering your energy field and
give you a renewed sense of balance and harmony.
You will then be able to access your deepest power
of healing and regeneration.

Bring a yoga mat, pillow and blanket.

Tadasana Yoga Studio

2700 W. Homestead Rd, #10
Park City, UT 84098

Self Investment \$15.00

Judith Rasoletti, Ph.D.

is a graduate of the Barbara Brennan School of Healing, *Acutonics*
Sound Healing and holds a doctorate in International Relations.
Corporate and life coach, writer and artist, she shares her personal
quest of living an authentic and awakened life in lectures and
workshops worldwide.

To schedule a session,
or register for an
event, please contact
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Rose of Light Transformational Healing

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Your Address Line 2

Your Address Line 3

Your Address Line 4

Phone: 555-555-5555

Fax: 555-555-5555

E-mail: someone@example.com

We're on the Web!

example.com

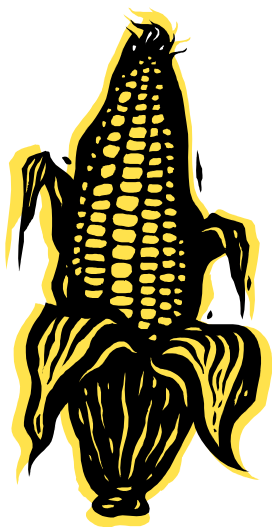
Your business tag line here.



This would be a good place to insert a short paragraph about your organization. It might include the purpose of the organization, its mission, founding date, and a brief history. You could also include a brief list of the types of products, services, or programs your organization offers, the geographic area covered (for example, western U.S. or European markets), and a profile of the types of customers or members served.

It would also be useful to include a contact name for readers who want more information about the organization.

Back Page Story Headline



Caption describing picture or graphic.

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to read at a glance.

A question and answer session is a good way to quickly capture the attention of readers. You can either compile questions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your organization.

A listing of names and titles of managers in your organization

is a good way to give your newsletter a personal touch. If your organization is small, you may want to list the names of all employees.

If you have any prices of standard products or services, you can include a listing of those here. You may want to refer your readers to any other forms of communication that you've created for your organization.

You can also use this space to remind readers to mark their calendars for a regular event, such as a breakfast meeting for vendors every third Tuesday of the month, or a biannual char-

ity auction.

If space is available, this is a good place to insert a clip art image or some other graphic.