

Judith Rasoletti, Ph.D. presents:

*Healthy Heart = Happy Heart:*  
**Energy healing gives your heart a boost!**

**Saturday, August 15, 2009 6:30 to 8:00 pm**



at:

**Guided Coaching**  
**623 East 100 South**  
**Salt Lake City, UT 84102**

**Contact Judith at**  
**C: 801 915-3330**  
**T: 435 615-7350**  
**www.RoseofLight.com**  
**judy@RoseofLight.com**

Is your world more gray than color?  
Is your heart broken by pain and suffering?  
Do you often feel lonely and sad?

**Nutrition, exercise, sleep, and fun with good friends: all needed to keep you heart-healthy, but is there more to it?**

**It is the health of your energy field that makes a really big difference!**

**This experiential workshop gets to the heart of the matter called "living in harmony"!**

**It teaches you valuable techniques to support, nourish and heal that most vital organ of your body!**

**This workshop gives you:**

- understanding of how energy affects the heart
- tools to change patterned behavior
- simple techniques to keep your heart healthy
- meditations to help with anxiety and stress

**Judith Rasoletti PhD** is a gifted healer, graduate of the renowned Barbara Brennan School of Healing, artist, writer and seminar leader. She has over eleven years of experience working with clients and groups.

**\$25 RSVP is appreciated!**