

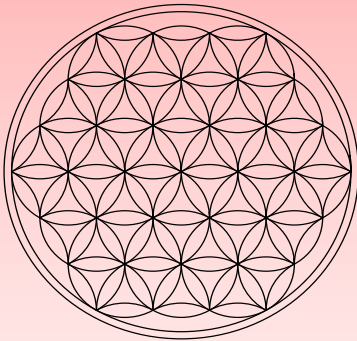
Leo Studer und Judith Rasoletti präsentieren:

Präsenz: eine heilende Kraft

Montag, 22. Mai 2006

20h—22h

Im
Kleinen Saal
Gemeindehaus
Siders
(vis-à-vis des
Haupteinganges)



Unkostenbeitrag

RSVP
++41 (0)27 456-47 37

Präsenz - was ist das? How do you know if presence is here or not? Why is it important?

Our daily lives are often disrupted by events outside of ourselves: the weather, the economy, illness, a fight with a family member, traffic. We automatically react and lose presence. We do not even know how and when it happened. As presence is lost, our body feels the effects as tiredness, dullness or pain.

In this lecture we will give you an experiential knowing of the concept of intentionality or hara, one of the four dimensions of human experience. By making a conscious choice to align our intention with what we are experiencing in this very moment, we can bring harmony, balance and fullness into our lives. This involves a willingness to deeply listen within to the still whispers at the core of our being. Doing so allows us to let go of patterned behavior that impedes the flow of our life force. Presence is a moment-to-moment choice to feel what is here. The passion of our heart then emerges like a flower in full bloom, guiding our thoughts, words and actions.

Judith Rasoletti, Ph.D. is a scholar and lecturer on topics of ancient mystery traditions, international relations and transformational therapy. She is a graduate of the Barbara Brennan School of Healing and has a professional practice in Miami, Florida.

Leo Studer, Ph.D., Spirituelle Heilarbeit. Ausbildung als Primarlehrer, Studium und Promotion in Mathematik; mehrjährige Erfahrung in Forschung und Lehre. Therapeutische Ausbildung bei C. Stämpfli, Bern und Barbara Brennan School of Healing, Miami, Florida.