

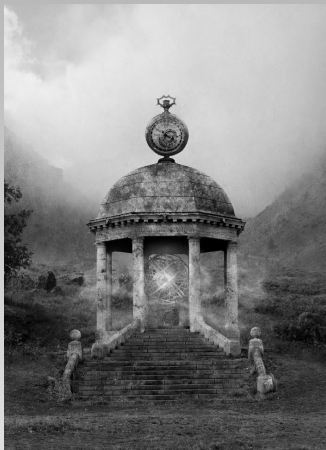
Anna Schalk and Judith Rasoletti present:

E-SENSUAL WAYS OF BEING:

Sexuality and Spirituality in Modern Living

October 7 and 8, 2006

9:30 am to 4:00 pm



La Quinta Inn
11 Ashley Pointe Rd
Charleston, S.C. 29407

To RSVP, call

Anna at 843 886-0663

or

Judith at 786 223-3578

Both can be scheduled for
private healing sessions

Self Investment \$259.00

**Are you longing to be in a relationship with a partner
to share sexual and spiritual fulfillment?
Do you fear losing your spiritual nature if you give full
expression to your sexual one?
Would you like to fully flow with the creative, sensual
impulses that are your life force?**

This two-day workshop will give you new ways of knowing about issues that arise when trying to connect the sexual and spiritual sides of our being. We will specifically explore the importance of sexuality in our life force, creativity and relationships. Each stage of life presents us with special opportunities and needs that have to be fulfilled in healthy ways. Adults have difficulties of reconciling their sexuality with modern lifestyles of too much stress, lack of time, family obligations, illness, isolation or of misinformation. You will learn and experience how to create within yourself a new and vital connection between your sexuality and spirituality. You will awaken to the pleasure of being in both worlds without separation. We will provide you with a safe milieu to allow comfort in being with these two intimate aspects of your inner being.

The e-sensual things you will learn:

- ◆ The continuum of sexual health and dysfunction within the dimensions of the physical body, the emotions and the mind
- ◆ Levels of libido with possible causal factors and emotional interference
- ◆ Brain/body influences on sexual fulfillment, including body image
- ◆ How spirituality as well as sexuality is about being in the moment
- ◆ The ways we hold onto fear and perceived self-limitations about our sexuality, thus severely limiting the connection to the inner self
- ◆ The mind's power to create separation from the experience
- ◆ New ways to bring forth greater creativity and abundance

Anna Schalk, graduate of Cornell University and the Medical University of South Carolina, currently teaches at the Barbara Brennan School of Healing. Accomplished artist and painter, she creates beauty, harmony and presence in all she touches. She maintains a private long distance healing practice from her home in South Carolina.

Judith Rasoletti Ph.D., teaches International Relations at Florida International University in Miami and is a graduate of the Barbara Brennan School of Healing. Native of Switzerland, she is a long-time member of esoteric organizations and brings her passion of symbolism and healing to workshops locally and abroad.